



Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly Made Soups £1.00	Chef's Soup of the Day with Homemade Bread	Chef's Soup of the Day with Homemade Bread	Chef's Soup of the Day with Homemade Bread	Chef's Soup of the Day with Homemade Bread	Chef's Soup of the Day with Homemade Bread
1,2,3 Salad Bar £2.10	Lemon & Thyme Grilled Chicken	Tuna & Sweetcorn	Cottage & Cheddar Cheeses	Grilled Cajun Marinated Chicken	Greek Feta
Vegetarian Main Course £2.10	Feta, Roasted Pepper & Polenta Lasagne	Vegetable Chow Mein	Spanish Spicy Vegetable Frittata	Refried Bean Chimichanga, Salsa & Succotash	Our Homemade Veggie Burger in a Bun
Main Courses £2.10	Beef Lasagne with Garlic Bread, Seasonal Vegetables & Homemade Coleslaw	Ruby Tuesday...Chicken & Mango Balti Add Homemade Coconut Naan Bread for 25p each	Roast Chicken, Yorkshire Pudding & all the Trimmings or Roast in a Bun!	Chilli Beef Burrito, baked with Salsa & Mozzarella	Ginger Beer Battered Fillet of Fish or Fish Pie with Chips & Minted Peas
Tub Grub Pots £1.75	Pot Pasta Cucina Tomato Sauce V or Spicy Thai Pork Meatballs	Pot Pasta Cucina Tomato Sauce V or Tuscan Sausage Sauce	Pot Pasta Cucina Tomato Sauce V or Bolognese Sauce	Pot Pasta Cucina Tomato Sauce V or Basil Pesto (Nuts!) V	Pot Noodle / Pasta Cucina Tomato Sauce V or Original Curry Sauce V
Designer Pizza £8.00 (Pre-order & Takeaway)	The Rustichella Bacon, Rocket, Grana Padano, Caesar Dressing	The Trentino Ham, Rocket, Grana Padano	The Bufala V Fresh Mozzarella, Basil, Rocket, Olive Oil	The Four Seasons Mushroom, Ham, Pepperoni, Olives	The Carne Piccante Chicken, Meatballs, Mushrooms, Chilli
Classic Pizza £1.00 Premium Pizza £1.20	Cheesy Garlic Focaccia V	Classic Margherita Pizza V Ham & Mozzarella Pizza	BBQ Chicken Focaccia	Classic Margherita Pizza V Pepperoni Pizza	Cheesy Garlic Focaccia V
Hot Puds! £0.90	Traditional Apple Crumble with Vanilla Ice Cream	Pear & Ginger Puff with Honeyed Yoghurt	Chocolate & Banana Bread & Butter Pudding	Drop Cherry Pancakes with Vanilla Ice Cream	Seasonal Fruit Pie with Custard
Cold Puds! £0.90	Classic Lemon Tart	Chilled Rice Pudding with Strawberry Compote	Mixed Fruit Tart	Banoffee Tubs	Fairtrade Chocolate & Raspberry Mousse



All of our foods are prepared in an environment where nuts and other food allergens are present. If you have special dietary requirements, please speak to our Executive Chef who will be happy to find something suitable. Sorry, but we have to add VAT to these prices for all non students **September 2011**